Introduction to monads: the programming semicolon that lies at the heart of category theory

Mark Wildon

Heilbronn Institute for Mathematical Research, Bristol University



June 16 2025

- $\S1$ Currying and the product-hom adjunction
- §2 A free-forgetful monad
- §3 The mathematical definition of monads
- \$4 Monads in the Haskell category Hask
- §5 In praise of types
- §6 Every adjunction defines a monad
- §7 Does every monad come from an adjunction?

The Haskell category **Hask** has as objects all types, such as Integer, String, Integer -> Bool, and morphisms all ...

The Haskell category **Hask** has as objects all types, such as Integer, String, Integer -> Bool, and morphisms all Haskell values of the appropriate type.

The Haskell category **Hask** has as objects all types, such as Integer, String, Integer -> Bool, and morphisms all Haskell values of the appropriate type.

▶ 6 :: Integer

"Is this too easy?" :: String

adams x = if x == 42 then True else False

Thus adams :: Integer -> Bool and adams 42 \rightsquigarrow True.

Question. What about multiple arguments? Unidiomatic:

The Haskell category **Hask** has as objects all types, such as Integer, String, Integer -> Bool, and morphisms all Haskell values of the appropriate type.

▶ 6 :: Integer

"Is this too easy?" :: String

adams x = if x == 42 then True else False

Thus adams :: Integer -> Bool and adams 42 \rightsquigarrow True.

Question. What about multiple arguments? Unidiomatic:

▶ fPair (b, x) = if b then floor x else floor (x+1) of type (Bool, Double) -> Integer. Idiomatic:

The Haskell category **Hask** has as objects all types, such as Integer, String, Integer -> Bool, and morphisms all Haskell values of the appropriate type.

▶ 6 :: Integer

"Is this too easy?" :: String

adams x = if x == 42 then True else False

Thus adams :: Integer -> Bool and adams 42 \rightsquigarrow True.

Question. What about multiple arguments? Unidiomatic:

▶ fPair (b, x) = if b then floor x else floor (x+1) of type (Bool, Double) -> Integer. Idiomatic:

▶ f b x = if b then floor x else floor (x+1)
of type

The Haskell category **Hask** has as objects all types, such as Integer, String, Integer -> Bool, and morphisms all Haskell values of the appropriate type.

▶ 6 :: Integer

"Is this too easy?" :: String

adams x = if x == 42 then True else False

Thus adams :: Integer -> Bool and adams 42 \rightsquigarrow True.

Question. What about multiple arguments? Unidiomatic:

▶ fPair (b, x) = if b then floor x else floor (x+1) of type (Bool, Double) -> Integer. Idiomatic:

▶ f b x = if b then floor x else floor (x+1)

of type Bool -> Double -> Integer. Thus

▶ f True :: Double -> Integer

is a single variable function and f is a function taking as input a boolean and returning a function of type Double -> Integer.

The Haskell category **Hask** has as objects all types, such as Integer, String, Integer -> Bool, and morphisms all Haskell values of the appropriate type.

▶ 6 :: Integer

"Is this too easy?" :: String

adams x = if x == 42 then True else False

Thus adams :: Integer -> Bool and adams 42 \rightsquigarrow True.

Question. What about multiple arguments? Unidiomatic:

▶ fPair (b, x) = if b then floor x else floor (x+1) of type (Bool, Double) -> Integer. Idiomatic:

▶ f b x = if b then floor x else floor (x+1)
of type Bool -> Double -> Integer. Thus

Sitype Bool > Double > Integer. II

▶ f True :: Double -> Integer

is a single variable function and f is a function taking as input a boolean and returning a function of type Double -> Integer.

Conclusion. You can't program in Haskell without meeting the product-hom adjunction in almost every line.

 $\operatorname{Hom}_{\operatorname{Hask}}((a, b), c) \cong \operatorname{Hom}_{\operatorname{Hask}}(a, b \to c).$

Exercise (with a one word answer from the standard prelude) Define the forwards isomorphism in Haskell by writing

idiomatize :: ((a, b) -> c) -> (a -> (b -> c))

 $\operatorname{Hom}_{\operatorname{Hask}}((a, b), c) \cong \operatorname{Hom}_{\operatorname{Hask}}(a, b \to c).$

Exercise (with a one word answer from the standard prelude) Define the forwards isomorphism in Haskell by writing

idiomatize :: ((a, b) -> c) -> (a -> (b -> c))



Haskell Brooks Curry 1900–1982

$$\operatorname{Hom}_{\operatorname{Hask}}((a,b),c) \cong \operatorname{Hom}_{\operatorname{Hask}}(a,b \to c).$$

Exercise (with a one word answer from the standard prelude) Define the forwards isomorphism in Haskell by writing

idiomatize :: ((a, b) -> c) -> (a -> (b -> c))

In Set:

$$\operatorname{Hom}_{\operatorname{Set}}(X \times Y, Z) \cong \operatorname{Hom}_{\operatorname{Set}}(X, \operatorname{Hom}_{\operatorname{Set}}(Y, Z))$$

$$\operatorname{Hom}_{\operatorname{Hask}}((a,b),c) \cong \operatorname{Hom}_{\operatorname{Hask}}(a,b \to c).$$

Exercise (with a one word answer from the standard prelude) Define the forwards isomorphism in Haskell by writing

idiomatize :: ((a, b) -> c) -> (a -> (b -> c))

In Set:

$$\mathsf{Hom}_{\mathsf{Set}}(- imes Y, -) \cong \mathsf{Hom}_{\mathsf{Set}}(-, \mathsf{Hom}_{\mathsf{Set}}(Y, -))$$

 $\operatorname{Hom}_{\operatorname{Hask}}((a, b), c) \cong \operatorname{Hom}_{\operatorname{Hask}}(a, b \to c).$

Exercise (with a one word answer from the standard prelude) Define the forwards isomorphism in Haskell by writing

idiomatize :: ((a, b) -> c) -> (a -> (b -> c))

In Set: there are isomorphisms natural in X and Z $\operatorname{Hom}_{\operatorname{Set}}(X \times Y, Z) \cong \operatorname{Hom}_{\operatorname{Set}}(X, \operatorname{Hom}_{\operatorname{Set}}(Y, Z))$ Exercise (from Linderholm, Mathematics Made Difficult) Prove that $z^{xy} = (z^y)^x$ for $x, y, z \in \mathbb{N}_0$.

 $\operatorname{Hom}_{\operatorname{Hask}}((a, b), c) \cong \operatorname{Hom}_{\operatorname{Hask}}(a, b \to c).$

Exercise (with a one word answer from the standard prelude) Define the forwards isomorphism in Haskell by writing

idiomatize :: ((a, b) -> c) -> (a -> (b -> c))

In Set: there are isomorphisms natural in X and Z $\operatorname{Hom}_{\operatorname{Set}}(X \times Y, Z) \cong \operatorname{Hom}_{\operatorname{Set}}(X, \operatorname{Hom}_{\operatorname{Set}}(Y, Z))$ Exercise (from Linderholm, *Mathematics Made Difficult*) *Prove that* $z^{xy} = (z^y)^x$ for $x, y, z \in \mathbb{N}_0$.

In **mod**- $\mathbb{C}G$ and **mod**- $\mathbb{C}G$ for H a subgroup of G:

$$\operatorname{Hom}_{\mathbb{C}G}(X \otimes_{\mathbb{C}H} \mathbb{C}G, Z) \cong \operatorname{Hom}_{\mathbb{C}H}(X, \operatorname{Hom}_{\mathbb{C}G}(\mathbb{C}G, Z))$$

or using standard notation for induction and restriction,

$$\operatorname{Hom}_{\mathbb{C}G}(X \uparrow^G_H, Z) \cong \operatorname{Hom}_{\mathbb{C}H}(X, Z {\downarrow}^G_H).$$

This is Frobenius reciprocity. A deep result true for trivial reasons.

§2: A free-forgetful monad

Let X be a set. The *free monoid* on X is the set of all words in X with concatenation as the product.

- Let F(X) be the free monoid on the set X.
- Let U(N) be the underlying set of the monoid N.

Thus we have functors $F : \mathbf{Set} \to \mathbf{Mon}, U : \mathbf{Mon} \to \mathbf{Set}$. For example: $F\{ \mathbf{A} \} = \{ \emptyset, \mathbf{A}, \mathbf{A} \mathbf{A}, \mathbf{A} \mathbf{A} \mathbf{A}, \mathbf{A} \mathbf{A} \mathbf{A} \mathbf{A} \mathbf{A} \}$ and $U(\mathbb{N}_0, +) = \{ 0, 1, 2, \ldots \}$. Claim

Let $X \in$ Set and let $N \in$ Mon. Then Hom_{Mon} $(F(X), N)) \cong$ Hom_{Set}(X, U(N)).

§2: A free-forgetful monad

Let X be a set. The *free monoid* on X is the set of all words in X with concatenation as the product.

- Let F(X) be the free monoid on the set X.
- Let U(N) be the underlying set of the monoid N.

Thus we have functors $F : \mathbf{Set} \to \mathbf{Mon}, U : \mathbf{Mon} \to \mathbf{Set}$. For example: $F\{ \mathbf{\bullet} \} = \{ \emptyset, \mathbf{\bullet}, \mathbf{\bullet} \mathbf{\bullet}, \mathbf{\bullet} \mathbf{\bullet} \mathbf{\bullet}, \mathbf{\bullet} \mathbf{\bullet} \mathbf{\bullet}, \dots \}$ and $U(\mathbb{N}_0, +) = \{ 0, 1, 2, \dots \}$. Claim

Let $X \in$ Set and let $N \in$ Mon. Then Hom_{Mon} $(F(X), N)) \cong$ Hom_{Set}(X, U(N)).

Let M = UF: Set \rightarrow Set. For instance $M\{w, o, r, d, s\} = \{word, sword, door, roodwords, \ldots\}$ Question. Let X be a set. What is M(M(X))?

§2: A free-forgetful monad

Let X be a set. The *free monoid* on X is the set of all words in X with concatenation as the product.

- Let F(X) be the free monoid on the set X.
- Let U(N) be the underlying set of the monoid N.

Thus we have functors $F : \mathbf{Set} \to \mathbf{Mon}, U : \mathbf{Mon} \to \mathbf{Set}$. For example: $F\{ \mathbf{\bullet} \} = \{ \emptyset, \mathbf{\bullet}, \mathbf{\bullet} \mathbf{\bullet}, \mathbf{\bullet} \mathbf{\bullet} \mathbf{\bullet}, \mathbf{\bullet} \mathbf{\bullet} \mathbf{\bullet}, \dots \}$ and $U(\mathbb{N}_0, +) = \{ 0, 1, 2, \dots \}$. Claim

Let $X \in$ Set and let $N \in$ Mon. Then Hom_{Mon} $(F(X), N)) \cong$ Hom_{Set}(X, U(N)).

Let M = UF: Set \rightarrow Set. For instance $M\{w, o, r, d, s\} = \{word, sword, door, roodwords, \ldots\}$

Question. Let X be a set. What is M(M(X))?

Exercise

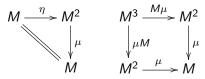
Formally words are tuples and $F(X) = \bigsqcup_{n \ge 0} X^n$, where the monoid product is concatenation of tuples. Does $M^2 = M$ hold? Is there a natural isomorphism $\mu : M^2 \cong M$?

§3: The mathematical definition of monads

Let $\mathcal D$ be a category. A monad is a functor $M:\mathcal D\to\mathcal D$ together with natural transformations

•
$$\mu: M^2 \to M$$
 (join)

such that the diagrams below commute.



Example $(M(X) = \bigsqcup_{n \ge 0} X^n$, the free monoid monad)

We saw that $\mu: M^2 \rightarrow M$ is defined by 'remove inner parentheses':

$$\mu_{\{w,o,r,d,s\}}((d,o,o,r),(w,o,r,d)) = (d,o,o,r,w,o,r,d,s)$$

The unit η : $\operatorname{id}_{\mathsf{Set}} \to \mathsf{Set}$ is defined on each set X so that $\eta_X : X \to \bigsqcup_{n \ge 0} X^n$ is the canonical inclusion. For instance $\eta_{\{w,o,r,d,s\}}x = (x)$ for each $x \in \{w, o, r, d, s\}$ and $\eta_{M\{w,o,r,d,s\}}(d, o, o, r) = ((d, o, o, r)).$

The infamous one-line definition



Saunders MacLane, *Categories for the working mathematician*

All told, a monad in X is just a monoid in the category of endofunctors of X, with product \times replaced by composition of endofunctors and unit set by the identity endofunctor

James lvry, A brief incomplete, and mostly wrong history of programming languages

Wadler tries to appease critics [of Haskell 1997] by explaining that: "A monad is a monoid in the category of endofunctors: what's the problem?"

§4: Monads in the Haskell category Hask

Type : info Functor and : info Monad at the Haskell prompt: class Functor f where fmap :: (a -> b) -> f a -> f b class Functor $m \Rightarrow$ Monad m where unit :: a -> m a join :: m m a -> m a (>>=) :: m a -> (a -> m b) -> m b mx >>= f = join (fmap f mx)And here is a complete definition of the list monad instance Functor [] where fmap f xs = map f xs

instance Monad [] where unit x = [x]; join = concat

§4: Monads in the Haskell category Hask

Type :info Functor and :info Monad at the Haskell prompt: class Functor f where fmap :: (a -> b) -> f a -> f b class Functor m => Monad m where unit :: a -> m a join :: m m a -> m a (>>=) :: m a -> (a -> m b) -> m b mx >>= f = join (fmap f mx)

And here is a complete definition of the list monad

instance Functor [] where fmap f xs = map f xs instance Monad [] where unit x = [x]; join = concat

I have to confess that in fact Haskell expects you to define >>= and unit derives all the rest, including fmap. (Except that recent versions make you define an Applicative instance.) And, for reasons that made sense when monads were often used for IO, unit is called return. But it *could* work exactly as this slide claims.

§4: Monads in the Haskell category Hask

Type :info Functor and :info Monad at the Haskell prompt: class Functor f where fmap :: (a -> b) -> f a -> f b class Functor m => Monad m where unit :: a -> m a join :: m m a -> m a (>>=) :: m a -> (a -> m b) -> m b mx >>= f = join (fmap f mx)

And here is a complete definition of the list monad

instance Functor [] where fmap f xs = map f xs
instance Monad [] where unit x = [x]; join = concat

I have to confess that in fact Haskell expects you to define >>= and unit derives all the rest, including fmap. (Except that recent versions make you define an Applicative instance.) And, for reasons that made sense when monads were often used for IO, unit is called return. But it *could* work exactly as this slide claims.

And on the theme of excusable oversimplifications, I should also admit that, without an explicit type declaration, the function f b x = if b then floor x else floor (x+1) gets the polymorphic type f :: (RealFrac a, Integral p) => Bool -> a -> p. But I didn't want to drag in typeclasses on the first slide.

- [(x,y) | x <- [1,2,3], y <- [4,5]]</pre>
- do x <- [1,2,3]; y <- [4,5]; unit (x,y)</p>
- [1,2,3] >>= \x -> [4,5] >>= \y -> unit (x,y)

The programmable semicolon

Using default lists,

Because of lazy evaluation there's no problem with the infinite stream, except that it means we never get beyond the head of [1,2,3].

```
newtype DiagonalList a = DL {unDL :: [a]}
    deriving (Functor, Show)
    instance Monad DiagonalList where
        unit x = DL [x]
        join = concat . stripe
where stripe :: [[a]] -> [[a]] returns the diagonal stripes
of a list of a list. We now run the same computation in the
diagonal list monad:
```

The programmable semicolon

Using default lists,

Because of lazy evaluation there's no problem with the infinite stream, except that it means we never get beyond the head of [1,2,3].

```
newtype DiagonalList a = DL {unDL :: [a]}
    deriving (Functor, Show)
    instance Monad DiagonalList where
        unit x = DL [x]
        join = concat . stripe
where stripe :: [[a]] -> [[a]] returns the diagonal stripes
of a list of a list. We now run the same computation in the
    diagonal list monad:
```

Question. Write $\neg a$ for $a \implies \bot$, i.e. 'a implies false'. Which of the following are tautologies?

Question. Write $\neg a$ for $a \implies \bot$, i.e. 'a implies false'. Which of the following are tautologies?

Question. Write $\neg a$ for $a \implies \bot$, i.e. 'a implies false'. Which of the following are tautologies?

Answer, all except $(a \implies b) \implies a$. Moreover all the tautologies except the last two can be proved in intuitionistic logic. Why?

Question. Write $\neg a$ for $a \implies \bot$, i.e. 'a implies false'. Which of the following are tautologies?

Answer, all except $(a \implies b) \implies a$. Moreover all the tautologies except the last two can be proved in intuitionistic logic. Why? Because, replacing \implies with \rightarrow they are the types of Haskell programs.

This is the Curry–Howard correspondence between mathematical proofs and computer programs.

The type checker is your friend (in Haskell)

Recall the function f : Bool -> Double -> Integer defined by

f b x = if b then floor x else floor (x+1)

- In Haskell, if you forget which order the arguments come in, the interpreter/compiler will give you a helpful error message
 - > f 3.5 False

<interactive>:88:7: error:

Couldn't match expected type 'Double' with actual type 'Bool'.

- In the second argument of 'f', namely 'False'
- In Magma, the interpreter will wait until you've done a long calculation, and then pounce:

function f(b, x); if b then return Floor(x); else .. Runtime error in if: Logical expected

In C, the compiler need neither notice nor care and, under the rules of undefined behaviour, your program might erase your user directory. The Haskell type checker promises this can't happen, since deleteFile :: IO () is in the IO monad. §6: Every adjunction defines a monad

Let $L: \mathcal{D} \to \mathcal{C}$ and $R: \mathcal{C} \to \mathcal{D}$ be adjoint functors, so

 $\operatorname{Hom}_{\mathcal{C}}(Lx, z) \cong \operatorname{Hom}_{\mathcal{D}}(x, Rz)$

naturally in $x \in \mathcal{D}$ and $z \in \mathcal{C}$. For instance

▶
$$L = - \times Y$$
 : Set \rightarrow Set; $R = \operatorname{Hom}_{\operatorname{Set}}(Y, -)$: Set \rightarrow Set,

▶ L = F : Set \rightarrow Mon; R = U : Mon \rightarrow Set.

Theorem

The composition $RL: \mathcal{D} \to \mathcal{D}$ is a monad in a canonical way.

Why you might believe this.

Pretend that L is 'free' and R is 'forget'. Forget R. Then 'free on free' is no more complicated than 'free', and there is a canonical unit map from X into the 'free thing' on X.

§6: Every adjunction defines a monad

Let $L: \mathcal{D} \to \mathcal{C}$ and $R: \mathcal{C} \to \mathcal{D}$ be adjoint functors, so

 $\operatorname{Hom}_{\mathcal{C}}(Lx, z) \cong \operatorname{Hom}_{\mathcal{D}}(x, Rz)$

naturally in $x \in \mathcal{D}$ and $z \in \mathcal{C}$. For instance

▶
$$L = - \times Y$$
 : Set \rightarrow Set; $R = \operatorname{Hom}_{\operatorname{Set}}(Y, -)$: Set \rightarrow Set,

▶
$$L = F$$
 : Set \rightarrow Mon; $R = U$: Mon \rightarrow Set.

Theorem

The composition $RL:\mathcal{D}\rightarrow\mathcal{D}$ is a monad in a canonical way.

The canonical way to define unit and join is by chasing through the adjunction to get the only maps that can possibly be defined:

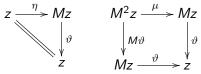
- ▶ $\eta : id_{\mathcal{D}} \to M$ is defined so that η_x is the image of id_{Lx} under the isomorphism $\operatorname{Hom}_{\mathcal{C}}(Lx, Lx) \cong \operatorname{Hom}_{\mathcal{D}}(x, RLx)$
- μ is the natural transformation

$$M^2 = (RL)(RL) = R(LR)L \xrightarrow{R \in L} Rid_{\mathcal{C}}L = RL = M$$

where $\epsilon_z : LRz \to z$ is the image of id_{Rz} under the isomorphism $Hom_{\mathcal{C}}(Rz, Rz) \cong Hom_{\mathcal{D}}(LRz, z)$.

§7: Every monad comes from an adjunction

Let $M : \mathcal{D} \to \mathcal{D}$ be a monad. An *M*-algebra is an object $z \in \mathcal{D}$ together with a map $Mz \xrightarrow{\vartheta} z$ such that the diagrams below commute.



The Eilenberg–Moore category \mathcal{D}^M is the category of M algebras. The object Mx is a T-algebra with maps $\mu : M^2x \to x$. It satisfies

$$\operatorname{Hom}_{\mathcal{D}^{M}}\left(\begin{array}{cc}M^{2}x & Mz\\ \downarrow^{\mu} & \downarrow^{\vartheta}\\Mx & z\end{array}\right) \cong \operatorname{Hom}_{\mathcal{D}}(x, z)$$

Hence

• $F: \mathcal{D} \to \mathcal{D}^M$ defined by $Fx = M^2 x \stackrel{\mu}{M} x$ • $U: \mathcal{D}^M \to \mathcal{D}$ defined by $U(Mz \stackrel{\vartheta}{\longrightarrow} z) = z$ are adjoint functors. Since U(F(x)) = Mx, the monad M comes from an adjunction. Algebras for monads can be remarkably deep. Algebras for the

- free monoid monad are monoids;
- power set monad are associative, symmetric, idempotent binary operations;
- ultfrafilter monad are compact Hausdorff spaces;
- distribution monad on a set of size *n* are divisions of the *n*-vertex simplex into *n* convex sets, one containing each vertex;
- state monad on Hask are mnemoids, a functional version of global state.

We saw that 'induce then restrict' is an instance of the state monad from the product-hom adjunction, interpreted in module categories.

Proposition

Let H be a subgroup of G and let $\Omega = G/H$ be the G-set of H-cosets. An \mathbb{F}_2 -algebra for the 'induce to G then restrict' monad on \mathbb{F}_2 H-mod is a union Δ of H-orbits on Ω such that

$$\omega, \, \omega g, \, \omega g' \in \Delta \implies \omega g g' \in \Delta$$

for all $\omega \in \Omega$ and $g, g' \in G$.

Thank you!